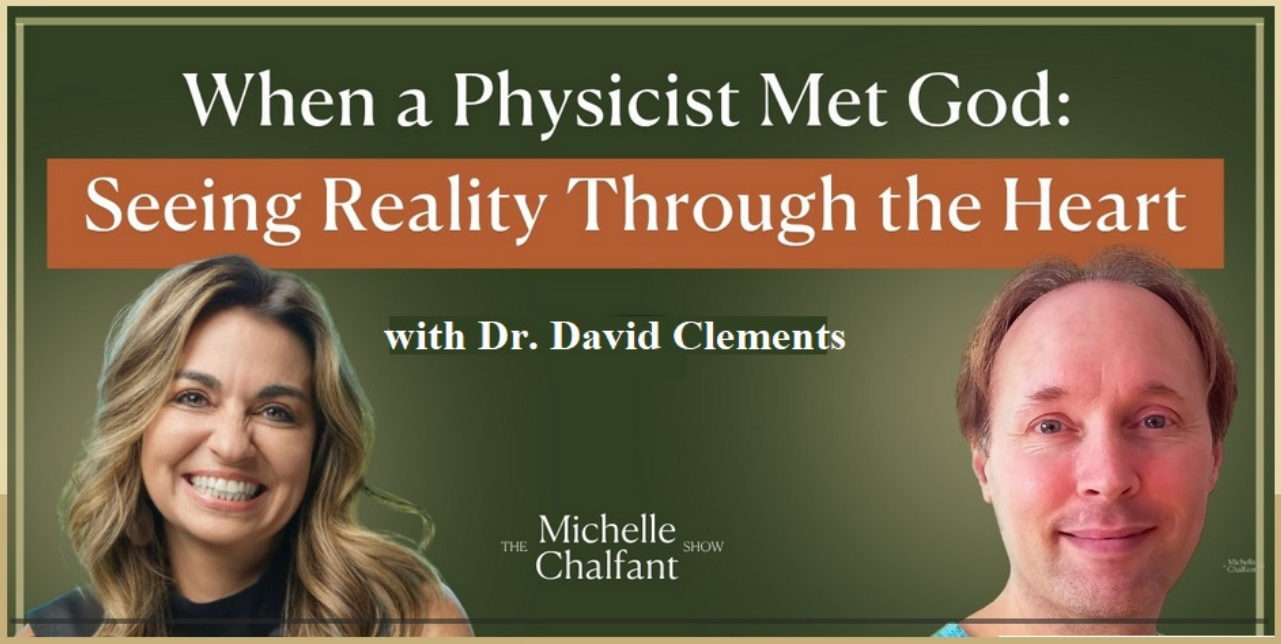
# When a Physicist Met God; Seeing Reality Through the Heart




Dr. David Clements,
Michelle Chalfant

## When a Physicist Met God; Seeing Reality Through the Heart-Dr. David Clements

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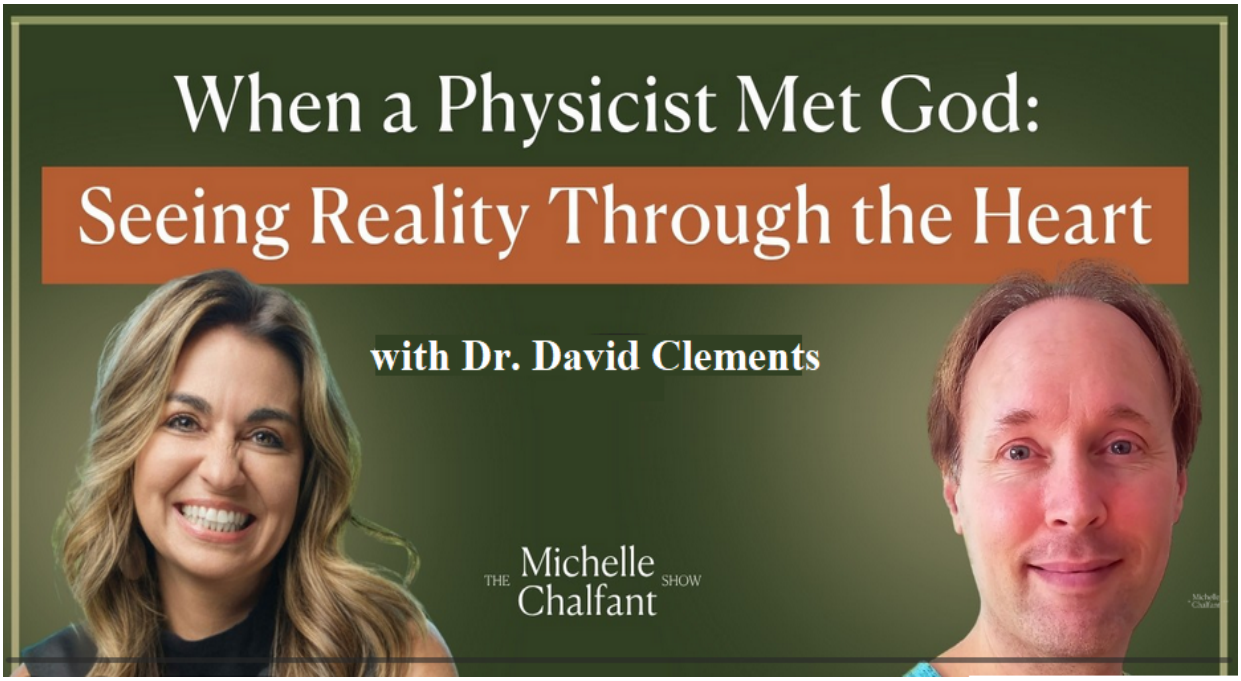


The Michelle Chalfant Show as channel or The Michelle Chalfant Show

In this episode, I'm joined by Dr. David Clements for a deep, mind-expanding conversation about consciousness, intuition, and what happens when we learn to perceive life through the heart, not just the mind. David has an extraordinary background, with advanced degrees in mathematics and theoretical physics (including work in string theory), and he shares the awakening that shifted everything for him.
We talk about remote viewing, out-of-body experiences, and why David believes human beings have far more perceptual capacity than most of us have been taught to access. We also explore his perspective on the sacred heart, the "infinity point gateway," and what

he calls Infinite Source Intelligence as a direct inner connection available to all of us.

In this episode, you'll learn:
-How David's journey moved from left-brain physics into a lived experience of consciousness and energetic perception
-What remote viewing is, how it works, and why his first experience changed his entire worldview
-Why I believe children naturally have access to expanded perception, and how we often "train" it out of ourselves as we grow up
-The difference between mind-centered living and heart-centered intelligence, and why the heart is a unifying, harmonizing intelligence
-Why so many people feel like their identity is dissolving right now
-David's perspective on why painful things happen in the world, how free will fits in, and why he sees "love" as an intelligence, not a fluffy concept

Resources from this Episode:
Infinite Source Creations (David's main site):
http://infinitesourcecreations.com
Meditation #14: Dr David Clements Meditation 14
Meditation #15: Preparing Heart Fields for Deeper Source Intelligence Connection
As seen on Patreon Infinite Source Creations channel

**MICHELLE:** What I hear you say is we're almost sourcing the knowledge or wisdom from the heart up to the mind versus the mind down through the heart.
**DAVID:** When you're born and it's interesting, the first eight cells form the heart. That's those are the first cells that develop. The way I see it now is the heart is the very powerful, just unimaginably vast intelligence inside you. From your heart intelligence, everything works as it's supposed to. Identity is not something that's really a part of you.
It's something we manufacture and we create. But those are superficial layering over the top of who you really are. When you relax

with it and play with it, say, yes, that's interesting. I'm now getting closer to who I really am, not hanging on to the fictitious lifeboats that I've created as identity, but your true self doesn't require you to prop it up. It's simply there as your authentic self.
**MICHELLE:** So welcome to the Michelle Chalfant show, David Clements.
**DAVID:** Hello, hello everybody. Thank you for having me and I've been looking forward to this for a while. Thank you, Michelle.
**MICHELLE:** Oh my goodness, I was just sharing with you. I think I have five pages of questions. I am over the moon excited to have you on today.
**MICHELLE:** Yes, we are going to have a great show. Before we get into all my five pages of questions, David, for people that might not know who you are, I'd love for you to share. You do have an incredible background based on where you were and where you are today? Let's start in there.
**DAVID:** Okay, okay. So yes, let's start maybe at the beginning. So as a child, I was always very artistic. I didn't have a scientific or mathematical bone in my body. I didn't get it. I was rubbish at it. And in fact, my mother used to have to take me to remedial mathematics classes take me out of school, high school, and take me to these special classes because I just didn't get it. I wasn't interested. I was more away looking at the clouds in my imagination.
And that was pretty much my upbringing. I loved everything creative and artistic, but in something around just towards the end of high school, something seemed to just change. And then I just started to move more of an interest into the sciences and mathematics.
And then things moved from there. And I just sort of gently started to not do so much of the artistic creative stuff. I was really getting into more of the sort of technical and mathematical science. And so then I went to do a degree and I just felt this. There was quite an impulse to do it. It wasn't like, oh, yes, I fancy to do it. It's like, I really feel like I want to do this.
And so I ended up doing my first degree was actually a sort of a double degree in one. And so it was essentially all the core degree aspects of the mathematics side and the physics boss I was doing, all

the stuff the mathematicians are doing, and all the stuff the physicists were doing in one. And everybody thought I was crazy for doing that because it was essentially a double degree at the same time. But I thought I really would just I felt so inspired from the core to do it.
So I did that and just really got into this and really felt, yes, I really want to unravel and peel back the curtains of how the universe was working and how things work, why, where, when, how all this sort of stuff. I had to sort of be eager beaver mind that just sort of kicked on.
And so that just rolled and simultaneously with this, I was very interested in a lot of things sort of that people might consider like things going on up in space. I loved astronomy and a telescope. I love just gazing at the stars and wondering who is out there, what is out there, what are we all a part of kind of thing.
So that was a big part of my life as well. So that carried on and I, I saw I sort of investigate that sort of stuff.
And I do my mainstream stuff as well. And probably around the first year when I was doing my PhD, which was in string theory, so that's a fundamental theory or particle theory based so particles being point-like particles, they're oscillating or vibrating string.
So there's a very popular mainstream research spread that's, still going at the moment.
So that's what I did because I felt that was the, where everybody was interested in, that's what everybody wanted to do. And I wanted to delve in there because it was promising to reveal all sorts of things.
And about a year in, I just got a little bit of itchy feet because I felt it wasn't quite peering back through the curtain as I thought it would do.
And at that time, I, I thought, okay, so I, I really feel impulsive. There's something else I need to be looking at here. I'm not quite sure what it is yet. So I did a search online and I just started typing in keywords, energy lots of just key buzz words just to see what would come up.
And I came across the work of someone called a Tom Bearden, or he was a retired lieutenant colonel in the US Army.
And I just started browsing his stuff. And he thought, holy cow, hold the door. What's, going on here? And the stuff that they were doing is like, wow, if you are really doing this, I would love to know more.

So I just sent an email and he got back to me. And I wasn't expecting anything because I'm sure people like that get tons of emails from everybody. But he was so excited that somebody who was an academic reached out and wanted to know more. So we start struck up a great friendship and we started to collaborate and so on. But also, just after that time, a friend of mine who knew I was into all sorts of things up there, brought me a book for my birthday just out of fun. And there was a number of different sections in there. And it was all about sort of everything from your foes and other races, people's experience, NDEs all whole spread of things in this book. But one, one chapter in particular was to do with remote viewing. I'd never heard of that before.

And I thought, that's interesting. And it began reading these professionals who were doing it and they were doing it for different organizations where it originally started. Oh, wow. These people are actually bilocating. They literally have a conscious perception of being out the locations and, and even in some cases, they were saying they were seeing other worlds as well, which was fantastic.

And I thought, wow, if this can actually really be done, I would love to know if I can do this. Is that super cool? And anyway, so I thought, okay, let's have a look online, see if anybody's doing any courses or if I can do this. And there was one company that had just started who were offering a kit that you can buy the video, self-teach, go through the protocols, that kind of thing.

So I thought, okay, I'll give it a try. So on my first, and for those who are not familiar with remote viewing, what, what you have is like a photograph of a place that you're going to, you don't see the photo, so you don't frontload any information and give yourself any heads up of where you're going to, because that would be cheating.

So what you get instead is a photograph and an envelope on the back of the envelope, you get a series of numbers. So whoever put that photo in the envelope, we'll look at the photo and say, write, this, going to give this the address, the number of dada, dada, dada, dada, whatever it is. And literally sort of in a sense, upload that into the collective consciousness. So that's what the reference is.

**MICHELLE:** Wait, a little bit, you're not seeing a picture of where you're going. You're just seeing the address. You're just seeing the numbers.
**DAVID:** That's it. You don't see the picture because you have to know that what you're seeing is your feedback is real. You're not imagining it. You're not inventing it. Okay. Alternating me thinks. Okay.
So it's a way of being sort of like double blind to what you're doing. You just have a series of numbers. And so I did that. And I was, and as you go through the protocols, the idea is to kind of get ahead of your imagination and just let the perception flow, that the information, the data, whatever you want to call it flow.
So I sat there and I was at a unit at the time of I was at my beginning of my second year of my PhD at this point. And I'm thinking, oh my goodness, actually my third year. So I'm thinking, okay, so it's all very quiet. It's late at night. I'll do this example now and see what I get because I don't know, this is my first time I'm excited, but I don't know what's going to happen.
So I sit down and I start the protocols. And all of a sudden I start and you can sort of consciously move around the target to get a sense and you get a start drawing pictures, getting data and gathering a perception of where you are. And then as I move towards the center of the target, at this point, I don't know what it is. And as I move to the center, suddenly in my ears, I hear this rumbling like, okay, what's that? And it was very palpable, like, whoa, is that something outside? So I stopped for a second. I looked outside, there's nothing going on. I'm really hearing that. So I sat back down, got myself into the zone again, and carried on. And the more I stayed in that perceptive state, the more visceral and more sort of perceptible, the sort of data or sensorial information was. So the sounds got stronger, more louder. And I became aware of this subtle, this hot liquid flowing up and down my body. And I thought, okay, this is getting, this is getting real now. So I did it for a little bit longer. And then I started to get a slight overlay in my vision of seeing this sort of hot flows coming past. I thought, okay, well, stop there, because this is getting a little bit sort of beyond my pay grace, for the speaker. And so I put my pen down,

and I thought, I'm just going to go into the kitchen. It was a communal building.
So we had all of our different dorms, and then it was a communal kitchen. Went in, there was a friend there. And at 10 minute chat, well, all this stuff was still going on that the perception was still kind of sort of connected. And eventually it settled down, and I went back into my room, flipped the picture I took the picture out, flipped it over. It was a volcano. Yes.
So I thought, well, there is no way I could have invented the danger I was getting there. I didn't see it, didn't know what it was. I thought, okay, this definitely works. I was as skeptical. I wasn't sure if this was going to work, but that it was for real. That was very strong, so that was really, and what I've come to know of now was really a kickstarter for me to get my intuition, my connectivity energetically inward going because at that point, I was pretty scientific I had some other interests, but I was always looking at it as sort of scientific and kind of a rational way of looking things. That had to blow your mind.
**MICHELLE:** Yes. That did not blow your mind coming from this very scientific mind that you had. You're able to do. And again, I wanted to ask you, is remote viewing, would you say that's the same as having an out of body experience or dream state? Like what's the difference between all those?
**DAVID:** Well, that's a good question. And I think it's both simple and complex at the same time, a little bit of a paradox, because the way I see it is that the human beings are a multi-dimensional, multi-field layered living energy systems with consciousness embedded in the middle to have an experience.
So there's many different ways, many different levels and factors involved in human perception and how we perceive, how we interact with energy of many different forms from one person to another, nature to you, and all sorts of other ways.
And so I think there's a lot of, let's say, hidden packets or layers to the human being of what we can perceive, how we can perceive it, that people just don't use because we're so used to being head-centric beings intellectually orientated. Yes, everything's just a logical puzzle

to pick a piece, put it in its packages and yes, there it is, it's sorted. Now I'm on to the next one.
**MICHELLE:** Right. So true.
**DAVID:** And in many ways, that was kind of my life. I was a mathematician, a theoretical physicist everything was about logic analysis and getting the deeper meaning, by peeling back the mathematical layers to see what the numbers were saying that was, that was my life.
So this did present an interesting take off of because it's like, Hmm, okay. How do I conceptualize this one? No. So it was an interesting one, but it was one which I also had a very deep, exciting, inspirational burst for it was like, wow, this has really peeled my eyes open and to see this happening so clearly, there are qualities of nature which have a mathematical rhythm to them that we see, but there's also another side, but the two are different qualities of the same thing.
So what is the same thing? That's the interesting thing and I think the trouble here, the difficulty as I see it having been in those camps of science is that there is a tendency to see everything in terms of the structural qualities, the rigid fixed structural qualities of things, rather than the conscious living fluidic nature of things, which is not, let's say, grabable by the rigid structure of mathematics it goes beyond that. So that's, that's an interesting area too.
**MICHELLE:** So again, I'm curious, is it the same as in your death experience or dream state? Like so did you, were you in a meditative state? And that's how you did this remote viewing?
**DAVID:** Well, yes, remote in that particular one. It was kind of interesting because you  do a series of protocols which are like they call, I think they call them idioms. It's been a while since I did them. And you kind of do sort of rapid, sort of impulsive, sort of get your system sort of geared up to get through data without the interference of your imagination.
And so I found in my experience, the more that I sat with it and allowed the saturation of this connection to happen, the stronger and more visceral things had gotten. And later on, and maybe I may have the dates wrong, but maybe about a couple of years after I did that, I

started to investigate out-of-body experiences. And I got a book by somebody how to teach yourself how to do it. And it has a very interesting experiences of having those experiences consciously as well.
So I wanted to really explore and test the boundaries and see what was real, what was what could happen could this be done? All sorts of questions like that. But what I'd say is that because of the complexity in the many layers, but also the very simple living, energetic truth, as I have come to see in my own perception about the human experience, there are many different forms of perception in different states that people can have such as near-death experiences, such as out-of-body experiences, those kind of things, remote viewing, remote perception, whole slew of things.
So as a human being, the way I see it is, we have an immense faculty of perception and most of which we don't even use and not even aware of. Most of the time people have these sometimes by just because of their experience, they have something like something happens to them or they just happen to be thrust into this perceptive form or one form or another and they go, this happened and this is what happened wow, what happened there.
But I believe as time goes forward, I believe we are part of in this process now where these sort of layers or perceptibilities are starting to awaken, they are starting to come forward, people are having much more just sort of autonomous, almost what you might call non-triggered experiences where stuff just starts coming on and also people that are having events that are trading them as well. I do believe that's happening at the same time.
**MICHELLE:** What I think about when you're saying all this, I'm thinking about babies that when they start to be able, and I have had so many experiences where children, when they learn how to speak, they're talking about even my own kids. I remember one night putting my son to bed and he looked behind me and goes, oh, Papa.
And I'm like, nope, I don't see him, but I don't disbelieve that he's there and having other friends of mine talk about their toddlers that were saying things about their deceased grandparents or mothers or fathers or whomever, like,  right, my friend who's Italian, her, her

daughter was on the baby monitor and she stood up in her crib and said, no, no, no, no, and she was pointing to it. She was talking to it, and my friend is watching this on the baby monitor. And again, she was like, my mother's been dead. She's never met my mother and yet she's having a conversation.
So it seems as though when we're born, we have this perception. And if our parents or whoever's raising us doesn't, if they don't validate that ability, it starts to shut down. Yes. And we become not so, our perception gets limited. And we start to live more from the head. We're validated from our mind. And oh, what do you think? We don't say, what do you feel? We say, what do you think about this?
So all the attention goes back up to the head. But what you're saying, which I love, and I couldn't agree more, is that we're opening back up to this now. It is happening spontaneously without even doing the meditation, people are spontaneously doing it, what we call waking up right now?
**DAVID:** Yes, exactly. And that's a wonderful place to take that analogy. Because babies, when they're born, like you say, they don't have the overlays yet. And the self gripping of mental centricity, if you like, where the normal flows of perceptibility and energy flows, which allow that perception to take place, haven't been clamped on yet. They have been grabbed and grounded down and then stopped, in a very loose way of talking about it.
And so I've had many examples of people saying that as well. And I believe that's very, very true, that because when they're born, they have a very open system. They have a very, very pure connectivity with the different feel lays of perceptivity that they have.
And they can do this stuff. But because they can't talk yet, they can't articulate very well to other people, unless you know what you're looking for. Like in your case, you could see it, to know that that's what they're doing. And so younger children and infants, babies, they're in a sense, energetic role models for adults.
So I mean, it's like saying that's the kind of open flowing living energetic system that for myself is all about what we're cultivating is. And where it comes from is that when you're born and it's interesting,

the first eight cells form the heart. That's those are the first cells that develop.
So it's not the brain, it's not anything else. It's the heart. And those original eight cells are very, very important as a conduit of connection, because they form this sort of cubic-like cellular structure, in a loose way of saying it. And there's something very important energetically and the field properties as I've come to learn about those original eight cells and how everything develops almost fractally in this morphic human form from those original eight cells.
There's so much more for me to learn and everybody to learn, but there is something very spectacular that happens. And so when babies are born, they don't have any mental imprinting. They don't have any of this experiential kind of right logic, everything. They don't have that yet, but we learn to do that as we grow we get taught in school to write. Everything is about reason, thought that I say to people, when you think about it, what is thinking? It is thought linking. So and so what you do is your mind grabs different experiential things and links them together to form new thoughts. So it is in effect a sort of thought linker or thinking, thought linking is the way I see it. But what actually impulses so when you're down in what I call your heart intelligence, which is this very powerful field here, a very pure intelligence, when your mind starts to operate as an extension of your heart intelligence.
Then it becomes something very different. Instead of being very sort of controlling, grabbing and confining and having to put everything in its boxes, suddenly it becomes an instrument of perceptibility, which is now very different. It becomes calm. It becomes peaceful. And the thoughts that get generated for your mind to link together become very different.
**MICHELLE:** So, yes, so your heart, what I hear you saying is we're almost sourcing our, the knowledge or wisdom from the heart up to the mind versus the mind down through the heart kind of thing and the very different reality when you look on the heart.
**DAVID:** Yes. What I would say is that the way that I've become accustomed to this is that the way I see it now is the heart is the very powerful, just unimaginably vast intelligence inside you, that

everything including your body, your physical senses, your mind, once they are extensions of that, a little bit like your fingers to your hands.
So if this is the center, your fingers are like the sort of like adaptable sort of extension devices that come off of your hand that you can use, but they're centered from the hand.
And in the same way the core intelligence, as I see it, that if everything comes back to being like a baby or a young child as an extension instrument such as your senses, your mind, all the faculties you have as a human form from your heart intelligence, everything works as it's supposed to.
It's like if you take your finger and you focus on your finger and you do that for half an hour, suddenly it's like your perception coalesces and now all you're aware of is the tip of your finger. And that's similarly what we've done with our minds. We have focused ourselves so daily, so consistently into our minds. We think, oh, we are a mind intelligence. We go around and we just do intellectual things, but I think that's what humanity in many respects has not lost, but has forgotten.
We have grown up from our centeredness and we've gone up and to shove ourselves up here and that's how we live and behave when we play out our lives and this is the other thing. And that's where I see a lot of conflict within the human race comes from because the heart intelligence, as I see it, as a unifying intelligence, it sees the common, the harmonious relationship with all things.
It doesn't seek conflict. It seeks balance. It seeks harmony in a very intelligent way. And that's something that is very difficult to articulate in words because words themselves are structures and the heart intelligence is a non-structural intelligence. And that's a very different paradigm because we're so used to structuralizing everything. Whenever we think about it, we put the nuts and bolts.
Whenever we look at physics, it's all like packets of bits and pieces that fit together. Engineers, it's all the physical mechanics bits and pieces. It's always structuralized and language itself is a structure. And so to me, the heart intelligence is an experiential intelligence

something you simply have to just go down inside and experience what it is to be in that core intelligence,

**MICHELLE:** Is this heart intelligence part of your actual physical heart or is it an energetic heart in the center of your chest? What are we talking about?

**DAVID:** Well, it's actually to me in my perception, it's multi-layered. So you have the physical aspect, you have another field lay above that, which is a more energetic aspect. And it sort of builds in sort of layers and it goes back to what I've come to know of as what's been termed to me by the sort of beings that I work with as the infinity point or the infinity point gateway.

And there's a field around you which many people call the soul or the soul field or the vessel which sort of contains or helps collect your experience as part of your experience, but the core of that field is and again, it's very difficult to articulate this. I'm just doing the best to give some language to it so it makes some sort of sense.

But these are fluid living dynamic fields and at the very center of that field is what I call the sacred heart. I know other people have termed the sacred heart as well, but to me that is the very core of the field, the living intelligent field that we call the soul and that connects directly into the energetic layers in the heart and into the physical heart.

So it does anchor into there and into other and from there into other parts of the body. But at the very center of the sacred heart is the infinity point gateway. And that is your direct access. And each of us has this and it's part of the soul center field layering makeup is that's your direct connection with the infinite Source Intelligence behind everything.

So that is what I've come to see. I know that might be a little bit sort of a wow for so many people. But I as somebody who has been in the scientific side of things and now this I've had many experiences with that palpability that the visceral experience of connecting with that infinite Source gateway. And feeling the opening up and the connection to that what I call the infinite Source Intelligence or the creator, whatever you want to call it is there and it's available to every one of us.

Each of us has that gateway. It has a unique lens on it, which is how our particular energetics makes us unique as what you might call a unique fractal aspect of the Source Intelligence happens to be.
Yes, all those subjects are such massive subjects in themselves. I could do like hours on each one of those, but just to give it a very brief nutshell. I love this.
**MICHELLE:** So infinite Source Intelligence is what we might, and you said the Creator, we might call that God universe. Okay. So we all have access to this and you're saying we're all a fractal of this.
**DAVID:** Yes, I know that's a mathematical term, but really, it's more like one of the ways I show people if you imagine like this line here is like a sort of veiling barrier, whatever you want to call it. And then like here are these individuated people that pop up here and they all look separately, go about their days and do their things. But as you take this barrier down, you realize actually they're all connected to the same energy system, if you like.
And so that's much the same as what fractals do, because fractals are copies of copies of copies of copies. If you zoom in on the on a sort of like a periphery of a fractal form, you'll see that it's a repeat copy of the greater one and you zoom in again, there's another repeat and it just keeps going and going.
And the way I see it is a beautiful intelligence system that we call reality or the Universe, whatever you want to call it, is underlined by this beautiful living benevolent intelligence that seeks the greatest joy and harmony with everything inside it. But because we have this free will and we have the choice to be mind centric and being conflicting we can also generate the possibility of chaos and problems. So and this is why Zeta people that for me, coming back into the Source Intelligence or that the Sacred Heart, whatever term you want to give it, harmony really starts coming in your mind calms down, it becomes more harmonious.
The ideas, the inspiration you get really start to change because instead of impulsing from previous past experience, such as being defensive or coming from a place of like, “Oh, this happened to me with this person, I'm going to be ready for it next time.” All those sort

of past experiential impulses that people can carry forward, that starts to dissolve away and you start to see a greater truth in other people. And you start to see the layers which are their previous traumas versus what is their real self. You start to see the deeper living intelligence in people, so to speak. So do things do change and they've changed a lot for me since I've been doing this.

**MICHELLE:** So you've been getting a lot of information because you have through connecting with infinite Source Intelligence and you're saying we can all do this.

**DAVID:** Yes, absolutely.

**MICHELLE:** And I know through your beautiful, beautiful meditations, which I will link the first two below here in the show that we're able to connect with this infinite Source Intelligence.

And you've been doing this for quite a while now and have gotten some incredible information. Something that I'd love to hear more about is this almost a great awakening or remembering that's happening to the planet. Can you speak to that a little bit?

**DAVID:** Yes. So the information that was given to me, because again, this is something I say to people, this is not something you need to follow me on, not at all. This whole process is a very it's very personal to each person and your connection is personal to you. It's your unique connection within.

And it is within. It's not anything you need to go seeking anything outside of you for. And always again, that's such a beautiful thing because wherever you walk, you carry it, whether you know it or not, it's there with you. And so the information that has been coming through has been really quite beautiful because we are going through this very powerful and profound upliftment of the entire planet.

And everybody can see that things have rapidly changed. People who say 30, 40 plus years old know that when they were young, things were very different. And I'm not just talking about the social staff and other things. Yes, that's part of the mix too. I'm thinking talking about everything from just how the perceptibility of time passing seems to be so much faster now.

And that is part of the parcel here. Because there is our perception of the passage of time is very much related to the core energetic as

well. I mean, that in itself is another discussion. But it is interrelated. Now we are going through this beautiful passage because we've been in times where the apparent disconnection of a human experience from that interconnectivity within their core has been really, really dimmed down.
And look at all the travesties all the world wars and all the stuff that's taken place. Those are really sort of inherent follow-ons that when a civilization or humanity in this case loses or forgets that connection the possibility of chaos and disruption come in because the Intelligence of balance, the Intelligence of harmony is no longer the prevalent experience that you're having. It's like a free for all like. And then people start getting sort of grabbing and sort of survivalist and then everything sort of goes from there. But yes, so this process we're going through that many people have called, there's lots of different names from it. Some people call it the ascension process whole, and really to me what it is, it's the simplicity of coming back into the true core self of being a living being like a baby with those living energetic systems that connectivity to the Source Intelligence back and flowing as it should do again.
And whereby the mind, the physical body have this interconnectivity with those living energetic systems that are really flowing. When you look at a baby and you can you can sort of just, for those who are sensitive, when they hold a baby's hand, you can feel the energy emanating from that that being because their systems are so open. They're emanating so much, you can pick it up, you can feel it.
But then obviously as time goes on, that starts to shut down and the emanation starts to dim and dim and dim and dim until it's just this little candlelight in the center that most people operate and don't seem to feel too much.
And so that is all reversing. And simultaneously to all of that, a lot of the old truck, the junk, the dross, everything that people have collected through their lifetimes, because every time you go through an experience, if it was strong enough and you weren't able to let it go, it kind of sticks to you like sticky mud really.
And that weighs you down. It adds dense energetics to the clog the system up and it goes down, down, down, down, down, and then

what you do. And your sensitivity goes with that as well, because now the flow of energetics, the energies for these different feel layers can't get through properly.
And because of all the mud, the dross, and everything in the way, and suddenly you feel like you can't feel anything or much at all your sensitivity is not there. Why is my friend so sensitive? They can feel this, but I can't. And so that to me is one of the biggies in that lack of sensitivity and a very sort of overall kind of way of explaining it.
So all that stuff is breaking off and it's coming out. And so we're seeing that I'm seeing a lot of examples of people getting more irritated or more sort of snappy or reactive is because all those things are coming up. And it makes you it makes you irritated and snappy, because that's what it is.
So all of that stuff is coming out of the way. And it's a clearing process. And I say it's very important for people to remember that. You are being cleared, so you are now becoming available for that interconnectivity if you wish to have it. It's not being forced upon anybody. There is a choice and you can choose to accelerate this process or you can just choose to just do something else if you want to. We have free will here.
So that's the way it is. But there is such a hundredth monkey effect because the thing is when you start emanating that and you see it with people who come around babies, they all go, they all go into their sort of soft and open energetic flowing state because it sort of melts them in a way.
And in a truth, one of the things I see happening there is the emanation of that Source Intelligence is so much stronger in that living being. It reminds people, yes, this is what you have inside you. And they like it. And they like the feeling of what it is to be that. And so they are attracted to that in that way to feel. Yes. It wasn't great. Isn't it great to be a young child? Yes, it is because that's you have more access than and that's coming back.
So I would say that to everybody who's going through these different things that take comfort in the knowledge that I believe that this is what we are going through. This isn't just, oh, man, you're just having

a stuff's just being chucked at you. It's not, it's actually coming off of you. It's coming out and it's coming away.
But one of the things that the Source Intelligence, sometimes called the higher self the high levels of yourself from your core inwards, as described it is that if you imagine a clear glass full of mud, and now you're going to pour in crystal liquid, crystal clear water.
And as it comes in and replaces the mud is just going to ooze and make a mess as it drools down the side that's what people feel is this rubbish comes out and it gets replaced by high living energetics coming in from behind. So that is a very nice way I find of just understanding the process as it's happening.
**MICHELLE:** So this is happening. I love that analogy, by the way, but this is happening as a planet. Like, and we're not having to do anything, it's just happening on its own right now in the time that we're in. Something that a lot of people have shared with me probably over the last six months or so is, and I've gone through it myself, is this feeling of my whole identity is changing.
In fact, I just listened to a friend of mine this morning. She sent me an audio text and she said, what is going on? I feel like I don't know who I am, but I'm in the middle and we always say, we're in the mush, not yet in the butterfly. We're not in the caterpillar. We're not the butterfly yet. We're in this chrysalis mush, but I continue to go through it every few months as do so many people I know. So what's happening with that, that identity shifting? We don't know who we are. We don't know like, is this first of my friend? Is that person like, I don't know. So can you talk about that a little bit?
**DAVID:** Yes, that's a great question. I'm glad you asked that because it's something I went through too and it can be very unsettling because you, at one period of time, you're really confident, you know who you are. You go about your day, just playing out those same identities. One of the funny things that the Intelligence within me said one time is, well, if you look at the word *identity* and the spelling, it spells *dent* in the middle of two "*I*"s and always leaves you with *y*.
And so in other words, identity is not,something that's really a part of you. It's something we manufacture and we create. It could be out of survival. It could be out of comfort. It could be out of feeling secure. It

could be many different factors and we create these, these role play identities for ourselves that we go about in the world and say, yes, I'm this and whatever it is it could be. But those are superficial layerings over the top of who you really are.
So as they come off, it might feel bewildering as you, “oh my God, I've lost one of the actors in my play. Oh, how am I going to do my play now?” So it's very much like that. And I went through very similar and it can, it can feel like suddenly a whole world on, you can wake up and like in a layer of identity has just been removed or dissolved. You feel bewildered and think,
Oh my God, I feel really weird today. I don't know who was going on. But I would say that in my experience after going through many of those walls, when you relax for them, play with it and say, yes, that's interesting. I'm now getting closer to who I really am. Not hanging on to the fictitious lifeboats that I've created as identity that were really just keeping me afloat. I thought that they're not really it's like when you let go of those, what you think are life jackets as identities and allow yourself to float and what you realize that the living intelligence of the ocean you're in is actually going to support you.
And not just support you, you're going to thrive. That's the difference because identities are held in place and you have to keep giving energy to them to keep them going. But your true self doesn't require you to prop it up. It's simply there as your authentic self.
And that's what the layers are coming off. And the you notice in people, and this is true for myself, that looking back, there was so many identities of being a scientist or a mathematician that I was locking in place and really, yes, this is me. And you realize, my goodness, I had to devote a lot of energy to keep that stuff going. And as you relax, you find now, instead of directing your energy towards maintaining and propping up these artificial layers or identities, now your energies can emanate and you can use that and apply it in your life in a much more relaxed and much more peaceful way.
So yes, that's the way I see it as far as identities go. So I'd say if you're having sort of identity is dropping off you, that to me is a good thing.

**MICHELLE:** Yes, a lot of people, including myself, we've talked about seeing almost like a fog around us. I'm like, I can't get a sense of things. It just feels literally foggy to me as I sense it. Yes, I can't see what's coming. I don't know what's happening. So I like what you're saying. I really like that a lot.
**DAVID:** Oh, if you actually do one more thing if you would, one of the things I found and this is true for me as well, one of the difficulties I had with letting go with identity is there's a certain predictability about identity, which is one of the enticements that people have to them because it's oh, it's known. It's familiar. I feel comfortable in this. It's going to be it's my old faithful that I wake up and I get those identities going again.
And I know who I am kind of thing. And that's one of the big things that the Intelligence within me was saying to me is that when you just learn to relax and not try to predict anything, not try to control. And another interesting impulse I got was the word control is that, well, the quality of the people that apply is in the last four letters. And the true nature of it is in the first three.
So when you look at these spellings of words, they cut it in a fun kind of way. They cut a reveal a little bit about a meaning there. But I realized they were saying that, well, this intelligence is saying what you realize is that people control things out of fear, fear of what might happen, fear of what they might say, what they what somebody might do, what an event might happen.
And we grip and try and force it to railroad it the way we want it to make ourselves feel safe and that everything is okay. But what the Intelligence was saying is when you let go of that and you let the true emanation of yourself come through, everything gets organized by that living intelligence to make it the most harmonious and joyful for you. And the more you can emanate, the more of that energy you can let through, the more and more prominent that will become.
So humanity has gone from this place of just severe amounts of control and established self and established reality and established life to one where it's a living dynamic fluid beautiful landscape of everything being arranged in such a way, in an intelligent way, that

brings you the most expansion and joy and the things that you want because the Intelligence within you knows you inside and out.
And that's my experience and it knows exactly what you love, what you wish for, things that you don't like, and it's going to sculpt things in a way. And the more that I've connected with that space and allowed the emanation to come through, I've just found that things just start organizing themselves in my life.
And sounds like you've had the same thing. And it does. It does do that. And looking back to my life when I was more in a sort of control kind of identity-based way of living, it takes a lot of effort to keep things going the way you think you want them in your life.
And every day feels like a pantomime of just effort and putting this in place and doing that and it's very different. And one of the beings, an aspect of the Source Intelligence that came forward one time and said you're going to see a world of difference when you live in your heart-centered intelligence compared to your mind-centered intelligence. Everything's going to change. And I, for one, can say, absolutely, it certainly did.
**MICHELLE:** Oh my gosh, I love that. I agree as far as this living from your heart, your whole perspective, your whole reality starts to change. Yes. Letting go of that control, which I've had to do in the description for all. But over the last few years, very specifically, I'd had to let go. Let go.
And it's been terrifying in the beginning, but now it's becoming fun because there's this deeper trust that I've never had that there is something else.
And again, I've always believed that there's something else. There's your God. I've always believed that mentally. There's a big difference between truly trusting. Yes.
And I've been using this phrase for a long time now, everything is happening *for* me, not *to* me. And what I have pivoted on that phrase, it has changed my entire reality to one now I can trust.
So even when something looks “bad” or hurtful, I'm like, wait, wait, wait, what's in this for me? What's the learning for me? And you may not get it in the moment, but it doesn't come. But the trust part has

been has been, so now I wait and I say, okay, it's coming. I'm just waiting. I'm not in charge of it. I'm not in control.
So it's a really different reality. What do you say to somebody that's sitting listening right now saying, well, how do I do that? Where do I begin to move more into my heart space and connect to infinite Source Intelligence? Because I hear you say the whole time today, well, that when it was speaking to me and it was sharing with me and all of this, how do we go from someone that's very controlling in the head that doesn't trust to moving here [in the heart] and listening.
**DAVID:** That's a good question. So there's two free meditations we have on our Patreon site, number 14 and 15. Number 14 is the beginning of the opening of the Sacred Heart and number 15 is really connecting with the Sacred Infinity Point.
So just by practicing those two each day and you can make it fun. You can make it your own. There's no rigidity here. Loss of rigidity is actually parcel of the process here. And one of the things is using what the Source Intelligence from my high self refers to as the rhythmic breath.
So rhythmic breathing is a way of breathing, which is at a pace and a depth or lightness, which is unique to everyone. And it's that balance, that perfect rhythm that's rhythmic for you that brings you the most relaxation, the most joy and the most fun doing it.
So it's not like, I got to charge myself up and actually kind of make it a real. The way of doing it is that it's playing with your breath to feel, okay, so how shallow or how deep do I need to do this? How fast do I need to do is play around, go up and down, feel that sweet, and you'll find a sweet spot there.
And it can change as you grow that that will change. And that Intelligence has said that. And as you do that, you can invite the Source Intelligence within you to start when you take an in breath, you are in it's an infusion process.
So you can invite the Source Intelligence to start in your high self to infuse inside you.
And then you can keep doing that and what you'll start to feel over time, and it varies some people, some people don't feel very much or

if anything to begin with and it takes sometimes takes a bit of a while. It depends on what kind of sort of old stuff you've got to really.
So it does vary and it's there's no issue with if it takes longer or if it's very quick for you, everybody's very different. So as you do this in new practice, you'll start to open up the connections, the field layers will start to switch on, because you're now bringing them back to life again, bringing them out of their dormancy.
And now things will start to flow in a different way. And it's a very simple process. It's not complicated at all. In fact, I would say that when you're going into complication, you're probably trying to probably a path that's not necessarily the easy one.
So yes, the simple the simple method of this is it's very beautiful. It's just using your natural rhythmic breath to infuse and just keep building that relationship with the flow of energy, the living Source Intelligence that you have inside you to become a part more embedded in your physical body, your presence, and in your mind, in all of you, and you just keep building and building that relationship and it gets stronger and stronger and stronger.
**MICHELLE:** Someone is listening. I just I think I heard you say do number 14 and 15, which again, we'll put the show notes below. Do we do them? I know you have so many meditations added. Do we do those though over and over again until we actually have a visceral feeling while we're doing them? And that's the question number one. Two is what if someone falls asleep? What if someone daydreams during that meditation? Do we need to be present for however long they are 37 minutes or 30 minutes?
**DAVID:** Well, what I'd say is that treat this as a fun journey. So don't I would say to anybody try not to have any expectation of what you want the journey to be because that's most often the mind saying, right, yes, I want to have this experience and this has got to be done my next week. But you know those kind of things treat it very playfully and also just allow patience in the process because again play with it as well while you're in there.
Oh, actually, if I breathe a little bit deeper in that bit, all that get to know yourself better because this is a very sovereign, unique

experience. It's not something that anybody can do for you outside. This is your journey back inside you.
And it should be a fun one. And I always say to people, if you find yourself getting serious or trying to delineate anything or put things into boxes, just relax back off like, and try again.
So and the more you do that and the more you start to get comfortable with just allowing and trusting the core intelligence within you, that relationship will get stronger and deeper still. And the falling asleep aspect you mentioned as well.
So what the Source Intelligence has said to me is what happens is when people are very strong minds usually, they want to sort of handle a situation. And there's no judgment here, it just is different people's life experience. What sometimes will happen is that high intelligence inside you will just let you go to sleep to get your mind off the desk so to speak, so that the energies you have invited in can start to work while you are.
And for example, when people are in in the sleep state a lot more energy work, a lot more moving off of the old truck can happen at sleep time because your mind is now off the case. You're now relaxed, your body is more relaxed. Suddenly, energy flow can take place in a much better way and at a better rate than you are when you're in your waking state.
So for those people that experience that, just have a giggle about it, just say, okay, right? My name's got an egg and they could just be tired on that day. But most often, it's down to that aspect within them just saying, okay, just need to relax your mind. This is going to just put you in the sleep state and that will work a bit better now. And just if you fall asleep after step one, no worries. Do it again when you're woken up if you want to. Eventually you'll start to build up more energy. The relationship will get better and things will start to change.
**MICHELLE:** So what about daydreaming? What about if we're because that happened to me several times and other people have said that too, why started doing my grocery list? Do we, what does that mean? And should we again go back and this is my brain asking you, should we go back, start over? Okay, I got to go number 14 now

and start over again. Like, how do we know when to move on and what's daydreaming?
**DAVID:** Well, one of the things, yes, let's start with that one and that's another good question. So when you do this, as you're infusing, the very steps of infusing you're doing is taking you forward. So even if you stop after breath five or something and you're off flying with the, with whatever shopping list is coming up into your mind, you have already infused that much energy already. Now, one of the things I found in my experience, in my mind, is it can, when it's unsure about it “Oh, I'm not in control of this.
Hang on a second. This isn't, this is not right.”
That can happen as well because the mind just has to learn through experience, it's okay. You're good to let go now. You're not in control here. You don't need to handle this. This is all part of a natural inner core experience, which is unique to everybody. And eventually it does settle down and it starts, okay, okay, okay, I can see everything's good. Nothing went wrong the last 10 times.
So, okay, good back off a bit now.
And when you, when you infuse, particularly when you ask that intelligence within you, your conscious intelligence to infuse your mind with that energy, your mind starts to relax. And now your mind is starting to synergize with the flowing intelligence from the heart center. Now it's becoming more peaceful. It's starting to let go more. And the word trust I would say is almost energetically synonymous with just letting go to allow its true flow to take place and there's many different interpretations of that. But for me when I look, there's a video of me and I did a piece in a documentary series called energy of the vacuum with Tom, Bearden, and others.
And I showed my wife the video, my goodness. In it, I'm really wired mentally and it's on my Patreon site under interviews. If you want to see it, just have a have a bit of a giggle because it will show you the contrast of how I used to be. My eyes are like this and I'm glaring with so much intellectual going on.
And as I looked back at it, whoa, that's a bit freaky to see me in that sort of state. But now in place of that sort of frantic mental jadedness or whatever you want to call it, there is a very peaceful, expansive

mental state now where more ideas instantaneous, instead of having to calculate things, the idea just comes straight to you. Because when you synergize your mind with the Source Intelligence, ideas are instantaneous. You don't need to work them out. You ask the question and if that intelligence will reply to you straight away, or just come through and impulse your mind, impulse your body and whatever it is that that needs to be impulsed in to get you what you've asked for. So yes, that's all part of the parcel as well.

**MICHELLE:** A term that a lot of people use myself included is are as downloads. Like, oh, right. I asked this question and it's like, whoop, it's just right there. All of a sudden there it is. And I have my phone, my audio recording on almost all of an on throughout the day. I'm like, oh, something else and I have to record.

But that was my last question for you. I don't want to end this one. One more question. I wanted to hear just a little bit about, so what was that like for you when you started hearing and what can people expect now that you've kind of just answered that question. You might get a download, you might just start hearing things just to be open and how do we trust that away? Is that really what I'm hearing? And that had to be kind of mind-blowing for you again, being a mathematician and this is just like all of a sudden, oh my god, I'm hearing these voices. What do I do with this? But it's more of a knowing or what you tell me.

**DAVID:** Yes, that's what it is. It said knowing. So the connectivity with Source Intelligence is an instantaneous thing. There's no time really involved as such. So it's just there. It's straight away.

So, it's something that I would encourage people to be playful with the journey. Don't mind taking missteps because the missteps will help you see the contrast between what is, “Oh, that that wasn't quite right. But oh, that is, I see that now.”

So really be very gentle and playful with yourself because I had to be a lot. I took a lot of wrong turns in many ways before I could feel it, “I get it now. Okay, I feel that now”. Because there will be a process as unfolding as the mind gives up its overarching sort of handling of everything to you being more present as a core being that has a beautiful mind that is an extension instrument of that core.

So how fast that happens for you in what way that happens for you. I find is very unique to every individual. Sometimes it's quick. Sometimes it takes a while. It took me a bit of a while to come down from mentally orientated person to being more heart-centered. But I say in all ways that the true nature of the Intelligence within you, it is playful. It is joyful and it is fun-loving. It's not serious in any way.
So, if you start finding yourself getting serious, that's more the quality of being more mind orientated. And that's not in judgment. It's just the way human beings are.
So, I would say that those are some of the traits to look out for. So, if you find yourself moving out of playfulness, joyful with it and everything that you're probably heading back towards being sort of back into grip and mental seriousness. Being like a baby or a small child is a wonderful way to show this because they are full of life. They don't have a seriousness that gets bashed into them as they grow holding unfortunately, since they're full of fun. Everything is delightful. It's grateful and they're really, everything is flowing in such a way that their perceptibility is off the charts compared to what a normal adult would experience.
So, I would say that that is those are the things to look out for. And that's quite important because I, for myself, I got stuck many times by getting overly serious and having to catch myself and sort of self correct, if you like, and just calm myself down and get back into playfulness again.
So, that's something I also noticed a lot of other people have difficulties with there as well. And it's a little bit of a practice art, just catching yourself, oh, okay, getting a bit too grippy, a bit too serious. I'm holding myself too much. It’s time to let go and do something fun, and have another go.
**MICHELLE:** Thank you. I have just a couple more minutes left. And then this is a big whopper question, so I’ll narrow it way down. Maybe we'll do a part two and you can come back, but something that people have asked me over the years is again, being a therapist and a coach and also very spiritual and open to everything you're talking about. Why do what we would term bad things happen? Why do we have families where there is abuse and there's murder, like such things, if

our Source is divine infinite intelligence that's unconditionally loving? Why then are we on this planet with all these horrendous things happening?

**DAVID:** Yes, that's a good question. I'm happy to answer that. I'm really glad that you asked that question. It's something that comes up a lot actually and what I would say for my connection with the Source Intelligence is this.

We are in an experience of free will so we get to choose what energy we align with, what energy we project and what energy we act on and that's a very crucial thing. So people who are born as babies, they're full of life, they've got everything flowing.

Suddenly some parent might be abusive or they might have a bully at school and they start clamping down and suddenly they get angry and frustrated. Now they're charging themselves with a lot of destructive negative energetics that could build up in the field and suddenly then you start acting on that and you start lashing out. That's when things like that can occur. But ultimately, what it comes down to is these things can only happen in beings that have a sufficiently diminished connection with their Source Intelligence. When you have that intelligence restored, you are no longer capable of doing that because your intelligence is a harmonious one now. It has a respect. There is an innate Source Intelligence is, in my view, the ultimate compassion, the ultimate intelligence, the ultimate benevolence, the ultimate harmonizer, and the ultimate way of everything balanced together.

And when you have that intelligence flowing from you, there is a glow, there is an effervescence. When you get near people who are inherently negative, they start to change because they can feel the benevolence, they can feel that loving intelligence.

And we call it love. Love is just a word which points to something. But what points to me is the living intelligence of sorts. It is the Intelligence of what we refer to as *love*. It's just a word. I know a lot of people tend to think, oh, it's such an airy-fairy word, it is just a word. But what it points to is the important thing. The benevolent intelligence of sorts is synonym for love. That's the way I see it.

And so for myself, as this intelligence has come forward, some of the more sort of sort of angry traits I used to have, the more lashing out traits, they've just dissolved away. And so to answer that question, in my experience, proof positive is the more you connect with Source Intelligence. Those energies that you might act on to lash out, be angry, reactive, whatever it is will disappear. They have to because they have to be held in place by intent. They're not primary. Source intelligence is primary.

So you have to use your free will to hold in place negative crap. To say that and keep it going. And it will only be there for as long as you hold it. The second, you let go and you start letting Source Intelligence get in there and dissolve that away. The old you will disappear. Your attitudes will change. And so will those around you very gently. They still have free will.

So they might react and go even more into anger, but they'll need to move away from you the more you go into this because it will be harder and harder for them to be around that level of energy. So that's another trait that happens as well.

So what we have, what's happening here, the way I see it on a global level with all the stuff that's happening right through the last 100 years, all the wars and all that kind of stuff. This is all due to the immense amount of crap built up in people's systems.

I know a lot of people talk about what all the different groups are doing and not everything else. But what Source intelligence has been very clear about is that ultimately, those groups are just reflections of the energy that everybody is holding within themselves.

And so once people let go of holding the negativity, all that yuck energy, that will disappear. It cannot be maintained in a reality while there's nothing there to hold it in place.

And so there is a natural aspect to this ascension process where that is sort of writhing, a struggling for, a gasping for breath because it's losing its ability to be held in place and it is dissolving away. And you're seeing it as it comes out.

So it looks like it's getting really crazy out there. But in my interpretation and what Source Intelligence has told me is, this is

really the outpouring of the old rubbish that allowed that stuff to exist in the first place.
When it dissolves away, everything is going to change. And we're in that process of dissolution right now. So that's the way I see it. So I'd say that the key and the answer to everything in my view is the core Source Love Intelligence. Everyone has access to it. You only need to choose to let it through.
**MICHELLE:** Thank you. So good. David, where would people find you? How do they find the meditations and everything?
**DAVID:** Sure. So we have a Patreon, we have a main site called Infinitesourcecreations.com where you can see the links to the meditations on there. And also our Patreon site where we actually do the live meditations and live streams. You can go there. Most of the stuff is for free. But because we have to pay for lots of the back end stuff, there are subscriptions for personal activations that people benefit from.
So we do charge a $9 a month fee, just as part of that. But most of it is for free. So 14 and 15, those initial activations of the core high intelligence, they are for free. And we wanted to keep it that way to make it accessible.
So if people only do those and just take those away, they can do that if they wish to. So that is infinite source creations on Patreon. So you just go to Patreon and type infinite source creations on where you'll get to that.
**MICHELLE:** Thank you. Thank you so much for the work that you're doing in the world. It's absolutely wonderful, for sure.
**DAVID:** You're very welcome and it's been really lovely to speak to you. I've had a lot of fun. Thank you.